Unit #1 Title: My Personal Plan of Study

Lesson Title: Career Resources   **Lesson** 4 of 6

Grade Level: 10

Length of Lesson: 50-60 minutes

Missouri Comprehensive School Counseling Big Idea:
AD.6: Developing and Monitoring Personal Plan of Study

Grade Level Expectation (GLE):
AD.6.A.10:   Explore options and resources available to further develop Personal Plan of
Study for life-long learning.

American School Counselor Association (ASCA) Mindsets and Behaviors:
Academic Development

Materials (include activity sheets and/ or supporting resources)

Speaker or representative from a Career Education Center. Career Center sample applications for training programs and other post-secondary options.

Show Me Standards: Performance Goals (check one or more that apply and identify relevant process standards)

X	Goal 1: Gather, analyze and apply information and ideas 1. Develop questions and ideas to initiate and refine research 4. Use technological tools and other resources to locate, select and organize information
X	Goal 2: Communicate effectively within and beyond the classroom 3. Exchange information, questions and ideas while recognizing the perspectives of others
	Goal 3: Recognize and solve problems
X	Goal 4: Make decisions and act as responsible members of society 4. Recognize and practice honesty and integrity in academic work and in the workplace 5. Develop, monitor and revise plans of action to meet deadlines and accomplish goals

This lesson supports the development of skills in the following academic content areas.
Academic Content Area(s)   Specific Skill(s)

	Academic Content Area(s)	Specific Skill(s)
X	Communication Arts	1. Speaking and writing standard English (including grammar, usage, punctuation, spelling, capitalization) 6. Participating in formal and informal presentations and discussion of issues and ideas
	Mathematics	

	Social Studies	
	Science	
	Health/Physical Education	
	Fine Arts	

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting		

Lesson Measurable Learning Objectives:

The student will complete one or more sample application(s) for post-secondary programs.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals, objectives and GLE. **Assessment can be question answer, performance activity, etc.** Students planning to attend a career center will apply by the announced deadline. The student will complete an application form for one or more post-secondary options.

Lesson Preparation

Essential Questions: How do I get technical/career skills? What if I don't want to attend a four-year college? What is career education? **Engagement (Hook):** Is Career Education Center for you? If so, what would that future experience look like for you? If not, how might it look for someone else?

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
1. Counselor will introduce speaker/ representative from a Career Education Center.	1. Students will welcome the speaker.
2. Speaker or representative from a Career Education Center shares information about the center.	2. Students listen to the presentation about vocational/technical institutes and ask questions.
3. The counselor shares Career Center sample applications for training programs and other post-secondary options.	3. Students will review information to make decisions in regards to making post-secondary choices or researching their options.
4. The counselor instructs students to complete one or more applications.	4. Students complete one or more applications.

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Teacher Follow-Up Activities

Teachers are encouraged to announce application deadlines for vocational technical institutes. Teachers are encouraged to recommend students who may need a vocational assessment.

Counselor reflection notes (completed after the lesson)